Passaic County Bergen Morris Essex Union Hunterdon Middlesex Mercer Monmouth Burlington Camden Atlantic Cumberland

PASSAIC COUNTY Nutrition Programs

Agency/Institution:	Paterson YMCA
Address:	128 Ward Street, Paterson, NJ 07505
County:	Passaic
Phone:	973-684-2320
Website:	www.patersonymca.org
Focus:	Awareness of healthier lifestyles and eating choices
Services:	
Population served:	Children
Funded by:	Grants, state, federal
Fees & Charges:	None

Agency/Institution:	Passaic City Health Division
Address:	330 Passaic St., Passaic, NJ 07055
County:	Passaic
Phone:	973-365-5605
Website:	www.cityofpassaic.com
Focus:	Promote a balanced and healthy diet
Services:	
Population served:	Children, Seniors
Funded by:	Own funding
Fees & Charges:	None
Other information:	Program provides information for cancer patients/survivors

PASSAIC COUNTY Nutrition Programs

Agency/Institution:	Passaic County Division of Nutrition Services
Address:	1312 Rt. 23 North, Wayne, NJ 07512
County:	Passaic
Phone:	973-305-5885
Focus:	Help the aging population maintain a healthy lifestyle
Services:	
Population served:	Seniors
Funded by:	Own funding, state, federal
Fees & Charges:	None

Program Name:	Passaic County Nutrition
Agency/Institution:	West Milford Parks & Recreation
Address:	1810 Macopin Road, West Milford, NJ 07480
County:	Passaic
Phone:	973-728-2860
Website:	www.westmilford.org
Services:	\$ < \dot{\dot}
Population served:	Seniors
Funded by:	County
Fees & Charges:	Yes

PASSAIC COUNTY Physical Activity Programs

Program Name:	Arthritis & Osteoporosis Exercise Class	
Agency/Institution:	Clifton Health Department	
Address:	900 Clifton Avenue, Clifton, NJ 07013	
County:	Passaic	
Phone:	973-470-5758	
Website:	www.cliftonnj.org	
Focus:	Promote an active lifestyle for those suffering with arthritis and	
	osteoporosis.	
Services:		
Population served:	Adults, seniors	
Funded by:	Own funding, grants	
Fees & Charges:	None	

Program Name:	Swim Programs, Jr. Wrestling, Roller Hockey, Track & Field Camp, Field Hockey Camp, Summer Tennis, Kidsafe Karate, Multi-Sport Camp, Healthy Bones, Senior Aerobics, Young Hearts Bowling League, Sittercize		
Agency/Institution:	West Milford Parks & Recreation		
Address:	1810 Macopin Road, West Milford, NJ 07480		
County:	Passaic		
Phone:	973-728-2860		
Website:	www.westmilford.org		
Focus:	Promote exercise and recreation		
Services:	♣ : 'Ÿ'		
Population served:	Varies depending on program		
Funded by:	Own funding, grants		
Fees & Charges:	Yes		

Key:	Education Materials	♥ Workshops/Classes	Program Evaluation	Ocunseling
	TEquipment or Facilities for		Choices in Cafeteria/Vend	
	Fruits and Veggies-More	Matters® (new campaign	renlacing 5 A Day Program	

PASSAIC COUNTY Physical Activity Programs

Agency/Institution:	Paterson YMCA	
Address:	128 Ward Street, Paterson, NJ 07505	
County:	Passaic	
Phone:	973-684-2320	
Website:	www.patersonymca.org	
Focus:	To build a healthy mind, spirit and body	
	Promote an active lifestyle to help combat obesity and diabetes	
Services:	□ • □ 9 'Y'	
Population served:	All ages	
Funded by:	Grants, state, federal	
Fees & Charges:	Yes	

Program Name:	Bloomingdale Seniors on the Move Walking Program, Senior Aerobics,		
	Sittercise, Chair Yoga, Arthritis Exercise Program		
Agency/Institution:	Bloomingdale Senior Center		
Address:	103 Hamburg Turnpike, Bloomingdale, NJ 07403		
County:	Passaic		
Phone:	973-838-9259		
Website:	www.bloomingdalenj.org		
Focus:	Promote healthy aging		
Services:	□ • □ 'Y'		
Population served:	Adults, Seniors		
Funded by:	Own funding, grants, state, trust fund, donations		

Key:	Education Materials	♥ Workshops/Classes	Trogram Evaluation	D Counseling
	TEquipment or Facilities fo		Choices in Cafeteria/Vend	
	Fruits and Veggies-More	Matters® (new campaign	renlacing 5 A Day Program	